

# Practical Guide for Ukrainian Refugees Entering Hungary



## HOW TO ENTER HUNGARY

### Information in **Ukrainian**:

[https://helsinki.hu/wp-content/uploads/2022/02/Hungarian\\_Helsinki\\_Comittee\\_Ukraine\\_Guide\\_2022\\_02\\_25\\_UA.pdf](https://helsinki.hu/wp-content/uploads/2022/02/Hungarian_Helsinki_Comittee_Ukraine_Guide_2022_02_25_UA.pdf)

### Information in **Russian**:

[https://helsinki.hu/wp-content/uploads/2022/02/Hungarian\\_Helsinki\\_Comittee\\_Ukraine\\_Guide\\_2022\\_02\\_25\\_RU.pdf](https://helsinki.hu/wp-content/uploads/2022/02/Hungarian_Helsinki_Comittee_Ukraine_Guide_2022_02_25_RU.pdf)

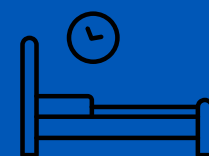
## TRANSPORTATION FROM BORDERS

Free solidarity tickets for The Hungarian Railways (MAV) are available for Ukrainians with ID. More information and timetables can be found here:

- <https://www.mavcsoport.hu/en/mav-start/international-travels/travel-ukraine-hungary>

## FIND THE ACCOMMODATION

Upon arrival, refugees are offered to stay in Hungary and transported to refugee shelters if agreed. Alternatively, Ukrainians can leave Hungary and travel further to the West.



## SHELTERS FOR KEY POPULATIONS

There are no shelters in Hungary that provide services specifically to key populations. However, exclusions can apply for certain situations (e.g. pregnant woman with drug dependency) and it can be arranged.

## HEALTH INSURANCE

People with asylum status are eligible for general health care free of charge. However, the National Health Insurance Fund is now working on a system for those on ART.



## FOOD AND CLOTHES

Offices of most of the charity organisations help refugees at the border and at all railway stations in Budapest.

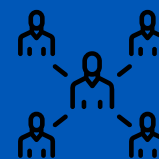
## HARM REDUCTION SERVICES

**ARTÉRA Foundation** has NSP and drop-in service for people who use drugs in Budapest:

- <http://www.artera2007.hu/en/low-threshold-services/>

**HepaGo** street outreach service that provides assistance for those who need ART, HCV, TB, OST medication:

- <https://hepago.hu/kapcsolat/>



## PSYCHOLOGICAL SUPPORT

Both ARTÉRA and HepaGo (see above) provide psychological counselling:

- <http://www.artera2007.hu/en/low-threshold-services/>
- <https://hepago.hu/kapcsolat/>



## OPIOID SUBSTITUTION TREATMENT

**Methadone** - free of charge.

INDIT, to contact Dr. János Szemelyácz, +36309590720

Gyula Nyíró Hospital (Budapest) - only liquid methadone. To contact Tünde Szabó, +36303040112

**Suboxone** - not covered by health insurance, but can be purchased in pharmacies.

Prescriptions are available in Budapest. To contact Dr. József Csorba, [drcsojoko@gmail.com](mailto:drcsojoko@gmail.com)

To receive OST in Hungary a written certificate from doctors is needed confirming:

- a) you were enrolled in OST program;
- b) the medication you were on;
- c) the dosage you received.

In most cases medical staff do not speak Russian/Ukrainian, but have some English.

There are volunteer translators who can be contacted for assistance:

Ilona Daboczy; Russian, Ukrainian - Hungarian; +36303584512

Agnes Sulla; Russian-Hungarian; +36207751638

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